

Benefits

- Easy to do
- Choices of plants to start
- Allows continuous planting
- Fills the holes in your plot
- Plant when you want
- Inexpensive cost for materials
- Inexpensive final product
- Less chance of disease

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Head of lettuce = \$2 Or 6-pack of lettuce = \$2 Or Packet lettuce seed = \$2 **CFAES**

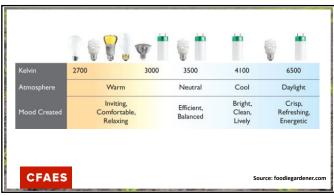
Materials Needed

- Light source
- Timer
- Power strip
- Soil-less mix
- Fertilizer
- Seeds
- Pans/trays/pots/bucket
- Knife, tweezers

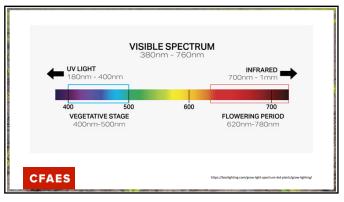
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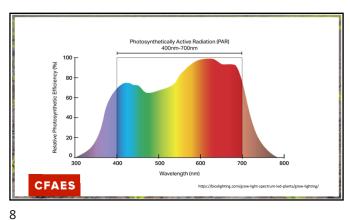


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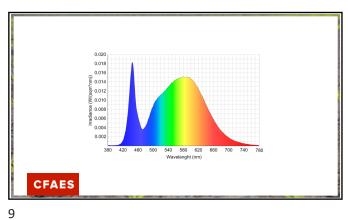


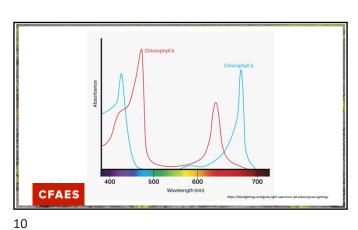






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1. Moisten soil-less mix in bucket 2. Fill pot to a little below rim 3. Gently pack down soil 4. Sprinkle seed over surface 5. Gently pack down seed 6. Cover loosely (Not Lettuce) 7. Gently top water until moist CFAES

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Germination times? Watch closely, no light = wasted • Brassicas = 3-5 days

- Lettuce = 3-5 days
- Tomatoes/peppers = 10-14 days (needs a heat source)
- Onions = 2-3 weeks

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• Herbs/flowers = 3 weeks







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Direct Seed or Start from Transplant?

- Carrot family taprooted
- Beets/radish taprooted
- Peas/Beans too large too fast, best direct sown
- Melons/squash both ways are good.

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Best varieties to transplant

- · Cabbage family start early and late Great First Plant
- · Lettuce family easy and forgiving
- Onion family long to germinate and grow
- Annual herbs Basil especially
- Tomatoes plant transplants a little deeper each time
- Peppers take a bit of time until planting
- Flowers-some take long time to germinate and develop
- Weird things
- · Expensive things to buy

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Seed Starting Indoors:

- Lettuce
- Spinach
- Arugula
- Bok Choi Cauliflower
- Brussel Sprouts
- Cabbage
- Broccoli
- Leeks
- Onions • Kale







